



# BOOK LIST

*Couples Therapy Training Resource*



## **DIFFERENTIATION BASED MODELS**

In Quest of the Mythical Mate – Ellyn Bader and Peter Pearson

Passionate Marriage – David Schnarch

Family Evaluation – Michael Kerr and Murray Bowen

Dance of Anger – Harriet Goldhor Lerner

Dance of Intimacy – Harriet Goldhor Lerner

Tell Me No Lies – Ellyn Bader and Peter Pearson

## **EFT**

Hold Me Tight – Sue Johnson

## **RELATIONAL LIFE THERAPY**

The New Rules of Marriage – Terrence Real

Us – Terrence Real

Fierce Intimacy – Terrence Real (Audiobook only)

## **GOTTMAN**

The seven principles for making marriage work – John Gottman



## IMAGO

Getting the love you want – Harville Hendrix

## OTHER

Mating in Captivity – Esther Perel

State of Affairs – Esther Perel

This is how your marriage ends – Matthew Fray

Family Therapy Techniques – Salvador Minuchin

After the Affair – Janis Abrahms Spring

The heart of Couple therapy – Ellen Wachtel

Come as you are – Emily Nagoski

Conscious Uncoupling – Katherine Woodward Thomas

Rekindling Desire – Barry and Emily McCarthy

High Conflict Couple – Alan Fruzzetti